

Hot and Dirty Kitchen Starter List

Dry/Ground Spice List:

- Basil
- Cardamom
- Cayenne pepper
- Cilantro
- Cinnamon
- Clove
- Coriander
- Cumin
- Curry
- Garlic
- Ginger
- Mustard
- Nutmeg
- Oregano
- Paprika
- Parsley
- Tarragon
- Thyme
- Turmeric

Pantry Essentials:

- Dry pasta
- Jasmine and Basmati rice
- Brown sugar
- Can crushed tomato
- Soya sauce
- Chicken stock (preferably msg free)
- All purpose flour

Fresh Produce:

- Sweet Onion
- Garlic
- Roma/Plum tomatoes 9-12
- Fresh Basil
- Romaine or Iceberg lettuce

Vinegars:

- Balsamic (red or white)
- White vinegar

Cooking Oils:

- Olive oil
- Vegetable oil
- Sesame seed oil

Notes:

